

BE PREPARED

DISASTER PREPAREDNESS

TALK

MAKE A PLAN

MAKE A KIT/GO BAG

TRAINING

LISTEN and ACT

SPECIAL NEEDS OF PETS

OTHER IDEAS

There is no way to prepare for everything that could potentially happen to you or around you. Our suggestion is to spend some time thinking and talking about what you need to do for yourself and your family and make a plan from there.

We do not want to frighten anyone, BUT, all the predictions have severe weather in our forecast for spring and summer. It's best to get prepared now.

Many resources exist to help you, there are many good books on preparing for disaster and the internet has thousands of options.

From all the things that we have read and seen here are our best suggestions:

Be safe

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TALK

Talk with your family about what might happen and how to act/react when disaster happens.

Talk with your Neighbors, co-workers and friends about what you are planning and encourage them to talk also.

Talk with the Church Administrative Board and Trustees, the UMW and the Youth Group.

MAKE A PLAN

Select two places to meet in the event of a disaster. One inside your home, one outside your home (in the yard) and even one outside the neighborhood and practice with your family.

Make sure that every member of the family knows who your designated "Out of state" contact is and how to reach them.

Practice your evacuation plan, and your meet up plan.

Make sure that everyone knows where your Disaster Kit and Go Bag are located and How to use all of the items inside them.

Select and set up a "Safe Place" in your basement, a place that will protect you in case of a wind storm or tornado, Practice going there and protecting yourself there. Your Emergency Kit with the Lid locked or taped on should be in this place

Make a plan for your business, neighborhood, community, church. Find out if your city has a plan and what it is.

HAVE A PLAN for who you will call if an emergency happens,
DS, Insurance Agent, Hospital etc...

MAKE A KIT/GO BAG

There are many lists available, make your own, be practical, add what you think you will need.

One suggestion that was shared with us was to set up your kit, and then in the fall after the "season" has ended take out the items that will get stale or will be out of size and restock, add winter clothing. In the early spring, go thru it again and restock food and clothing so you are ready all year around.

Basic Emergency Kit:

In Watertight tote or container with a lid that locks shut, this should be stored in your "SAFE PLACE" in the basement, where you will take shelter during a storm.

Bible

Shoes

Water – 1 gallon per person and per pet, per day

Food – ready to eat, in sealed packages (nuts, dried fruit, sealed meals in a pouch, Peanut Butter MRE's, There are companies that supply dried/package food for emergencies, look online)

Toilet paper

Manual Can Opener

Cooking supplies – pots and pans

Plates and Utensils

First Aid Kit

Whistle

Dust Masks, N-95 or better

Sewing Kit

Pocket or utility knife

Battery Operated Radio, and extra batteries

Copy Of Important Documents – wrapped water tight

Paper and Waterproof markers

Clothing and Rain Gear for each family member

Gloves

Disposable Camera

Unscented Household Bleach OR

Water purification system

List of emergency contacts and phone numbers

List of Allergies

List of Medications

Copy of health insurance papers/cards

Personal Hygiene Items – Feminine hygiene items, hand sanitizer, soap

Plastic Sheeting, Utility Knife, Duct Tape

Tools – hammer, nails, crowbar, staple gun, Bungee cords

Blanket or Sleeping Bag

Large, heavy trash bags

Zip Lock bags

5 Gallon bucket with lid – can be used to store things or for a emergency toilet

Matches

Coloring Books or Card Games for children

Extension Cords – heavy

Cell phone charger or extra batteries

A great resource for what to put into a kit is; "The Disaster Preparedness Handbook" A guide for Families, by Arthur T. Bradley, PhD

GO BAG – One for each person

You should have a "Go Kit" for each member of the Family, it should be placed in a location that will be easy to get to in case your need to evacuate in a hurry, it is your "traveling" survival kit

Flashlight

Radio – Battery operated, Batteries

Whistle

Dust Masks – N-95 or better

Pocket knife

Emergency Cash

Permanent marker, paper and tape

Photos of family and pets

List of emergency contacts and phone numbers

List of Allergies

List of Medications

Copy of health insurance papers/cards

Toothbrush

Change of clothing

Extra Keys to House or vehicle

Matches

Safety Pins

BASIC FIRST AID KIT

In watertight container or bag

Disposable gloves – Two Pair

Bandages – all sizes

Cleaning Agent – individually packaged wipes

Antibiotic ointment

Scissors

Aspirin or Tylenol – individually packaged

Safety Pins

Special Needs, (Inhaler, Diabetic needs etc...)

Small Sewing Kit

Notes:

TRAINING

CPR
Fire Extinguisher
Basic First Aid
Hand Operated Can Opener
CERT
Water purification

LISTEN and ACT

When a warning is given, DO SOMETHING, the Emergency Management System does not issue warnings just for fun.

SPECIAL NEEDS OF PETS

We love our pets, plan for their special needs and comfort too

OTHER IDEAS

Scan all of your vital information; Drivers License, Birth Certificate, Insurance cards, Bank Account numbers, Contact Info, Will or Advance Directives on a "Zip" drive and send it to a family member in another town, or put it in your Safety Deposit Box

There are many great resources available, look online, your local bookstore, the Red Cross, FEMA, your County EMA